



# CHILDREN SMILES

November 2003

2 Great Local Events!!

Extra! Extra! Read All About It!!  
Local Chapters Run for the Children

Datelines: October 5 Detroit  
October 26 Washington



Local Affiliates send 30 marathon runners, walkers raising \$15,000!! This 1<sup>st</sup> time effort was a huge success and folks are already planning for next year! Mark Werner, a former NACoA board member and Marine

Corps 2003 runner, writes about the Marine Corp Marathon in Washington: *This was a great event! I had a wonderful time and am eager to do it again! The crowds, the setting, my fellow runners were all great... this was a wonderful event and one I hope we will continue to support and enter... A life-changing event to run a marathon. Now I want to do it again!*

## 🕒 COUNTDOWN 8!! 🕒

Just 8 weeks until we all meet for a fabulous weekend at Disney! Let's make this a great, lifetime-memorable event for you and your family & friends.

We'll celebrate our feat with a bang! Our own rally & dinner Saturday night, a private Pre-Dawn Breakfast before heading to the marathon start line and a celebration reception & cook out Sunday afternoon to honor us - TEAM NACoA's medalists!

**! MAKE AIR RESERVATIONS ASAP !**

COACH'S CORNER  
Mark's right, folks.



Whether you walk or run --or boogie-woogie... full marathon or half... your marathon experience will be LIFE-CHANGING -- for you and for *The Children*.

### PEAKING

Just as the autumn leaves' colors are peaking for many of us in the Four Seasons areas of the country, you're peaking in your distance training in the next few weeks. Then you'll taper before the event. Keep the faith! Keep up the great work. In only 8 weeks you'll be crossing that finish line in G-L-O-R-Y in your *Run for the Children*<sup>SM</sup>! Hats off to you, Teammates!



### OUR FUNDRAISING

Remember: there are NO RULES in FUNDRAISING! Ask anyone, anytime, any place! In 8 weeks you can get to a lot of donors. And Thanksgiving is a good time to remind people that others need their support. We're getting to the holiday season for many people as well. If "giving" is part of the holiday tradition, a great present can be a donation to NACoA!

### CHEERLEADER CHAT

*Hats off to our Cheerleaders!*

We're thinking about how to get the best from, and do the best for, our Cheerleading Team. We've some good ideas crystallizing, and we'll share them soon. Lynne Aldrich has volunteered to work with the NACoA office



to make sure we're on track with the Cheerleaders. *If you have any thoughts, be sure to send them our way.*

Keep S-Milin' !!

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