



Join in the fun of *Run for Recovery*, *Run for the Children* **KOOL KIDS** team while helping vulnerable children.

#### [Who is eligible?](#)

Runners and walkers ages 14 – 17 years old are eligible to be part of *Run for Recovery*, *Run for the Children* **KOOL KIDS** team.

Participants under 18 years of age must be accompanied by a parent or legal guardian while at the race event. Parent or guardian does not have to participate in the race.

#### [Registration](#)

A tax-deductible contribution of \$75 (10K)/\$100 (Full Marathon) and a completed registration form hold your place in the *Run for Recovery*, *Run for the Children* **KOOL KIDS** team.

#### [Fund-raising Requirement](#)

The required minimum fundraising amount of \$200 must be raised by race day, **October 31, 2010** to complete your commitment to the *Run for Recovery*, *Run for the Children* **KOOL KIDS** team.

#### [Other special incentives for KOOL KIDS](#)

- A *Run for Recovery*, *Run for the Children* T-shirt.
- Regular training tips and other resources to help prepare to walk or run the race of your choice.
- An invitation to a rally party and private dinner on the eve before of the event.
- Refreshments during the race and enthusiastic fan support along the race route
- Official race T-shirt
- Certificates to all *Run for Recovery*, *Run for the Children* **KOOL KIDS** team participants
- See the Incentive Sheet for all other fundraising goal prizes.
- Last but not least – you get personal satisfaction from helping the children and their families!!!

#### [What happens after I register?](#)

You receive your *Run for Recovery*, *Run for the Children* **KOOL KIDS** welcome packet with detailed information to help you recruit supporters (fact sheets, brochures, suggestions for your personal appeal letters, return envelopes with personalized labels, and instructions to create your personal webpage). You also receive from the staff regular event updates, periodic reports on donations received in your name, training schedules and weekly runs along with advice from our coach, Dr. Paul Robinson, via phone or e-mail, fundraising advice.